

Creating Positive Relationships
Grades 6-8 Standards met

Core Health Concepts			
Indiana Academic Standards 2017	6th	7th	8th
Standard 1: Students will comprehend concepts related to health promotion and disease prevention to enhance health.			
8.1.1-Analyze the relationship between healthy behaviors and personal health.	•	•	•
8.1.2-Describe the interrelationships of emotional, intellectual, physical, and social health in adolescence.	•	•	•
8.1.4-Describe ways to reduce or prevent adolescent health problems and injuries.	•	•	•
8.1.5-Explain how appropriate health care can promote personal health.	•	•	•
8.1.7-Describe the benefits of and barriers to practicing a variety of healthy behaviors.	•	•	•
8.1.8-Examine the potential seriousness of injury or illness if engaging in unhealthy behaviors.	•	•	•
Standard 2: Students will analyze the influence of family, peers, culture, media, technology and other factors on health behaviors.			
8.2.1-Examine how the family influences the health of adolescents.	•	•	•
8.2.3-Analyze how messages from the media influence health behaviors	•	•	•
8.2.4-Describe how peers can influence healthy and unhealthy behaviors.	•	•	•
8.2.5-Describe the influence of culture on health beliefs, practices, and behaviors.	•	•	•
8.2.6-Analyze the influence of technology on personal and family health.	•	•	
8.2.7-Explain how the perceptions of norms influence healthy and unhealthy behaviors.			•
8.2.9-Describe how some health risk behaviors can increase the likelihood of engaging in additional unhealthy behaviors.	•	•	•

Standard 3: Students will demonstrate the ability to access valid information, products and services to enhance health.	6th	7th	8th
8.3.4-Describe situations that may require professional health services.	•	•	•
8.3.5-Locate valid and reliable health products and services that enhance health.	•	•	•
Standard 4: Students will demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce health risks.			
8.4.1-Apply effective verbal and nonverbal communication skills to enhance health.	•	•	•
8.4.2-Demonstrate active listening and response skills to enhance health.	•	•	•
8.4.4-Practice ways to communicate care, consideration, and respect for self and others.	•	•	•
8.4.5-Demonstrate the ability to refuse or negotiate health risks in healthy ways.		•	
8.4.9-Examine the impact of communication on relationships.	•	•	•
Standard 5: Students will demonstrate the ability to use decision-making skills to enhance health.			
8.5.3-Personalize health risk of decisions to self and others.	•	•	•
8.5.4-Apply a decision making process to real-life health-related situations.		•	
8.5.5-Describe how personal health decisions may affect subsequent decisions.	•	•	•
8.5.6-Assume responsibility for personal health decisions.	•	•	•
Standard 6: Students will demonstrate the ability to use goal-setting skills to enhance health.			
8.6.3-Examine possible barriers to achieving the personal health goal.	•	•	•
8.6.5-Consider the impact of decisions on the personal health goal.	•	•	•
8.6.6-Identify personal support systems and explain their importance in achieving the personal health goal.	•	•	•

- The CPR lessons meet the requirements of the SEA 355 bill which requires classroom teachers to be trained on sexual abuse procedures and students must be taught about sexual abuse. CPR lessons meet both requirements.
- CPR will provide the school any resource they need to help meet the requirement of SB65.